



# “2v2+Neutral”

*East Central Soccer District Academy Curriculum*

**Curriculum Topic:** Passing & Receiving

**Primary Objective:** To build skill and awareness re: getting open, support, passing and receiving under pressure.

**Duration:** 10 minutes

<b>The Basics</b>		<p><b>Organization</b> 10yd x 10yd grid with 3yd end zones.</p> <p>Split group into 2 teams, with pinnies, with one neutral (always on offense) player.</p> <p>1 ball</p> <p>Game can also be played 3v3+N</p>	
	<p><b>Activity</b></p> <ul style="list-style-type: none"> <li>Assign a neutral player and give the player a different pinnie color. With both teams and neutral player on the field, serve ball into grid. First team to possess the ball plays keep-away – 5 consecutive passes = 1 pt. Continue play until 1 team scores a point.</li> <li>Once a point is scored, play ends and coach serves ball again into grid.</li> <li>First team to 3 points wins.</li> </ul> <p><i>*Rotate neutral player at regular intervals*</i></p>		
	<b>Coach Pts</b>	<ul style="list-style-type: none"> <li>Ask players how they will communicate to their teammates that they’re open.</li> <li>Ask players what it means to be open (must be moving, must be a clear line of pass between the 2 players)</li> <li>Ask players how they can get to 5 passes as quicker than they’re doing – guide to answers like moving into a support position and calling for the ball, moving to an open space right after making a pass, etc.</li> </ul>	
	<b>Progs</b>	<p>If one team is considerably stronger than the other, either swap players or require the stronger team to play with fewer players.</p> <p>Add end zones into the game – team must keep ball away for 5 consecutive passes, but now can only score by passing to a teammate waiting in or breaking into the end zone.</p>	